

## **Concepts of God: An Interdisciplinary Analysis of Contemporary Perspectives**

Leonard Ndzi

Email: [ndzigracebaptist@gmail.com](mailto:ndzigracebaptist@gmail.com)

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### **Abstract**

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This paper analyzes the pluralist approach to the God question, considering current trends in religious studies, philosophy of religion, sociology, and psychological studies. The paper begins with a brief overview of the more conventional thinking on God, especially regarding how technophiles change religious ideation. It examines changes in vital monotheistic faiths and attempts to understand various positions within polytheistic systems. Most significantly, in terms of the conceptual development of the paper, the author discusses the antinomies of theism, the ontological arguments for and against theism, the nature of God, the idea of omnipotence, and process theology. The paper assesses the impact of secularization, the influence of religion and secular spirituality, and how modern society reinvents religion through virtual experiences. Psychologically, the analysis includes a discussion of the cognitive and developmental theories of belief, the mental components of religion, and the psychological functions of God in connection with the issues of coping with existential crises. The paper sums up the significant developments concerning religious thought, identifies possible future trends, and suggests areas for potential collaboration across various disciplines.

**Keywords:** Concepts of God, Theism, God, and Philosophy.

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### **Introduction**

A critical examination of preconceptions in today's social and religious context cannot ignore the position of faith in God and the need to reconsider it in light of the changing social practices, culture, and technological challenges. This paper analyzes the present-day attitudes toward God in aspects such as religion, including religious dimensions, philosophy, culture,



and psychology. The concept of ‘one true God’ in Christianity and Islam, as well as the two-part and three-part view of divinity in Hinduism, has an enormous impact on society and religion.<sup>1</sup>

The contemporary context has witnessed acute shifts in the social and technological aspects of human life. In religious teachings, authority and traditions face challenging assessments as beliefs change, altering established spiritual customs.<sup>2</sup> Here, we see the encroachment of technology into various areas of life and the impact of its spiritual and ontological thinking, disrupting the existing orthodoxies. The present work determines how technology has permeated the sphere of spiritual beliefs and influenced traditional religious practices and current attitudes toward God. This clash of ideas contrasts tradition and opposing cultures; it frees up a more precise study of global and changing views on the divine in the twenty-first century. It thus becomes apparent how the concept of God enables the visualization of unfolding processes of change in the external environment.<sup>3</sup> The spectator will be able to understand better the evolution of the tradition and modernity themes that followed and further develop this conversation, walking humanity through all the historical stages of its attempts to solve the timeless mystery behind secularism—the question of God.

This journey through religious outlooks will range from the gospel of Christ to the more subtle caliph disagreement of Islam to see how these faiths responded to the issues arising from modernization.<sup>4</sup> Furthermore, other forms of ‘polytheistic’ religions, such as Hinduism, will examine how they understand the nature and concept of ‘gods’ and ‘goddesses’ in a diversified pantheon and how they respond to modern challenges and demands. We will investigate God’s existence and characteristics in detail, carefully distinguishing between early structured arguments and current ones. We will assess atheistic and agnostic perspectives, emphasizing challenges faced by traditional faith beliefs compared to contemporary philosophical ideologies. The philosophical section will also delve into God’s attributes, including whether He is omniscient, adheres to Process Theosophy, and has a social-cultural view of an almighty being.

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<sup>1</sup> Corduan, Winfried. *Neighboring Faiths: A Christian Introduction to World Religions*. InterVarsity Press, 2024.

<sup>2</sup> Wagner, Peter. *Modernity*. Polity, 2012.

<sup>3</sup> Babyak, Andrew T. "Toward a theory of biblical leadership." *Journal of Biblical Integration in Business* 21, no. 1 (2018).

<sup>4</sup> Adams, Susan M., Elena B., Patricia L. B., Stéphane J. B., Andrew C. L., Eduardo A., Ana M. L., et al. "The genetic legacy of religious diversity and intolerance: Paternal lineages of Christians, Jews, and Muslims in the Iberian Peninsula." *The American Journal of Human Genetics* 83, no. 6 (2008): 725-736.



In addition, the paper explores factors that include secularization, which involves a reduction in the importance of religion in society and people's lives. It also aims to dissect the effects of technology on religious practices, particularly virtual and online religious practices, from a socio-cultural perspective. Psychologically-centered approaches offer another perspective, discussing what cognitive and developmental processes lead to belief in God.<sup>5</sup> This outlines the possibilities for the psychological investigation of religious inclinations and the evaluation of the nature of religious experiences, focusing on divinity as a coping strategy for adversity. To sum up, the paper highlights the interdisciplinary exploration of the essence of God as understood within the context of present-day thought. It synthesizes knowledge from theological science, sociology, and psychology, understanding how people view the divine from their horizons and within the constantly evolving, spiritually enriched universe of the 21<sup>st</sup> century.

### **Theological Perspectives**

The interoperability and comparison of theological viewpoints in the present world encompass monotheistic and polytheistic beliefs, offering unique perspectives and methods for individuals to engage with the divine. It is crucial to examine the beliefs within Christianity and Islam, which serve as the foundation for the monotheistic faith, and Hinduism, known for its polytheistic practices.<sup>6</sup> Furthermore, it can strengthen the understanding of the theological concepts of the 21<sup>st</sup> century by studying how other polytheistic religions view modernity and its perspectives. Sharonova defines Christianity as a religion that constantly shifts between traditional teachings and contemporary interpretations,<sup>7</sup> with biblical and historical theological foundations. In many ways, the twenty-first century has become a period of critical self-reflection as theological discourse engages with contemporary ethical, social, and scientific considerations.<sup>8</sup> Concerns about the

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<sup>5</sup> De Abreu Costa, Marianna, and Alexander Moreira-Almeida. "Religion-adapted cognitive behavioral therapy: A review and description of techniques." *Journal of Religion and Health* 61, no. 1 (2022): 443-466.

<sup>6</sup> Peel, John David Yeadon. *Christianity, Islam, and Oriṣa Religion: Three traditions in comparison and interaction*. University of California Press, 2016.

<sup>7</sup> Sharonova, Svetlana, Nina Trubnikova, and Natalya Sokolova. "Interpreting religious symbols as basic component of social value formation." *European Journal of Science and Theology* 14, no. 3 (2018): 117-129.

<sup>8</sup> Bromley, Patricia, Lisa Overbey, Jared Furuta, and Rie Kijima. "Education reform in the twenty-first century: Declining emphases in international organisation reports, 1998–2018." *Globalisation, Societies and Education* 19, no. 1 (2021): 23-40.



role of women, gays, lesbians, and people who want to live a sustainable existence on the planet have altered theological approaches within Christian traditions.<sup>9</sup>

Theodicy and whether a benevolent God can exist in a world characterized by suffering and evil inform the ongoing questions of postmodernity.<sup>10</sup> As science and technology progress, highlighting the theory of sin in the context of ongoing human suffering, the questions about the compatibility of an omnipotent and good God with the existence of evil intensify. The rigorous analysis of previous forms of theodicies, such as Augustinian or Irenaean theodicies, has led to the development of new theodicies, such as the process theodicy.<sup>11</sup> This theodicy presents the God of creation as evolving and closely involved with the creation process, thereby replacing the traditional doctrines of divine impassibility with more valuable and relevant doctrines.

Present issues cause the character and development of Islamic theology to change considerably.<sup>12</sup> This dialogue is complex regarding the traditional understanding of religions and the modern world, characterized by globalization, technological progress, and cultural intersections. Hotly debated contemporary questions, such as pluralism, feminism, and the relationship between reason and faith, connect Islamic understanding to various contemporary world aspects.<sup>13</sup> Ijtihad, or independent reasoning, is one of the essential cardinal concepts shaping the Islamic viewpoint on modern concerns.<sup>14</sup>

As observed in Islamic theology, the concept of works within the divine creation demonstrates a strong inclination toward theological analysis. As with many other religions, traditional Islamic viewpoints preserve the concepts of divineness in terms of power and knowledge, but contemporary theologians worry about the correct interpretation of these

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<sup>9</sup> Westwood, S. (2022). Religious-based negative attitudes towards LGBTQ people among healthcare, social care and social work students and professionals: A review of the international literature. *Health & Social Care in the Community*, 30(5), e1449-e1470.

<sup>10</sup> Laato, Antii, and Johannes de Moor, eds. *Theodicy in the world of the Bible: The goodness of God and the problem of evil*. Brill, 2021.

<sup>11</sup> Saeedimehr, Mohammad. "The Compensation theodicy: A brief examination of the Shiite approach to the problem of suffering." *Journal of Humanities* 28, no. 1 (2021): 25-36.

<sup>12</sup> Taufik, Muhamad. "Strategic role of Islamic religious education in strengthening character education in the era of industrial revolution 4.0." *Jurnal Ilmiah Islam Futura* 20, no. 1 (2020): 86-104.

<sup>13</sup> Alak, Alina Isac. "Gender, religion and feminist theologies. Challenges and unifying solutions." *Theology & Sexuality* 26, no. 1 (2020): 45-62.

<sup>14</sup> Qasim, Maryam, Mohammad Nadeem, and Shazia Ibrahim. "Social changes, importance and need of Ijtihad: An analytical study." *Journal of Social Sciences Review* 3, no. 1 (2023): 940-948.



attributes in the context of modern ethics and society.<sup>15</sup> The discourses about attributes of God interconnect with other issues regarding moral principles, justice, and human interactions, demonstrating that Islamic theology is a progressive topic that is sensible to modern questions and concerns yet remains grounded in its core principles.

Hinduism encompasses one of the most intricate mythological systems and presents a polytheistic approach that embraces numerous divinities.<sup>16</sup> They characterize them as personal gods and goddesses, such as Vishnu, Shiva, and Devi, while incorporating their non-personal concepts, such as Brahman. Traditional beliefs have several significant tenets, including action and reaction to existence, reincarnation of the soul, and moksha, or liberation. Yet, contemporary interpretations of Hinduism reflect a spectrum of beliefs: some trust only the main guidelines. In contrast, others ponder syncretism or even new, slightly different outlooks on the practices of the old.<sup>17</sup>

As a result, understanding modern Hindu religiosity as a syncretistic incorporation of essential practices or cultural facets is significant. Influenced by globalization, Hinduism intertwines with other religions through the arrival of new cultural products, thus compromising practices.<sup>18</sup> For example, the global West has transcended sectarianism's sectionalism by embracing yoga or meditation practices. Modern Hindu beliefs are increasingly addressing contemporary issues such as environmental ethics, personal roles, and inter-caste and inter-gender marriage, highlighting the potential for the Hindu theological perspective to study these issues.<sup>19</sup>

By examining formal frameworks other than the described worldviews, we can see how theology changes in response to societal and cultural issues not covered by the polytheistic views presented here. Pre-contact indigenous peoples re-establish the importance of a polytheistic system by maintaining a relationship with their environment and a firm stance towards today's polytheism. Christianity and Islam, with their monotheistic concepts,

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<sup>15</sup> Haron, H., Nurul N. J., and Nathasa M. R. "Western and Islamic values and ethics: Are they different?" *Journal of Governance and Integrity* 4, no. 1 (2020): 12-28.

<sup>16</sup> Lipner, Julius. *Hindus: Their religious beliefs and practices*. Routledge, 2012.

<sup>17</sup> Verghese, Ajay. "Taking other religions seriously: A comparative survey of Hindus in India." *Politics and Religion* 13, no. 3 (2020): 604-638.

<sup>18</sup> Shukla, Seema, and Aanchal Pandey. "Impact of Globalization on Indian Technology and Culture." *Social Science Journal for Advanced Research* 3, no. 2 (2023): 21-29.

<sup>19</sup> Awasthi, Ashutosh. "A reinterpretation of Hindu spirituality for addressing environmental problems." *Religions* 12, no. 5 (2021): 358.



and Hinduism, with its concept of multiple deities, provide people with an impactful understanding of religion.<sup>20</sup> The shifting paradigms revealed provide an exciting exchange between traditions but also demonstrate the richness of the 21<sup>st</sup> century in understanding the ways theology and divine work operate in the world.

### Philosophical Considerations

The question of existence and some aspects of the conception of God have become popular topics for philosophical discussions. Skepticism and atheism present an opposing view to religious postulations and, as such, are forms of rebellion against conventional views.<sup>21</sup> We can identify assertive atheism, which denies the existence of God, and agnosticism, characterized by indecision about the existence of deities, as another broad category of perceptions. Secularists rely on reason, science, and logic to downplay the acclaimed proofs of God's existence from the creationists and other true-but-not-well-reasoned Bible scholars.<sup>22</sup> The progression of secularism, skepticism, and rationalism partly explains the blind variety of perspectives on the divine. Some ways of thinking about divinity emphasize certain inherent divine and transcendent qualities. Immanence means God is in the world, being involved with worldly events, while transcendence portrays God as being apart from this world and the things of the world.<sup>23</sup> Contemporary philosophers grapple with these characteristics, some emphasizing God's presence in creation, while others argue for a complex interdependence between the divine and the created.

Process theology, a philosophical and theological narrative, destabilizes the controlling frameworks of divinity, asserting that God is not omnipotent and unchangeable.<sup>24</sup> Process theory, developed in the twentieth century by process thinkers such as Alfred North Whitehead and Charles Hartshorne, holds that God is in a constant state of creation concerning the world.<sup>25</sup> The project of natural theology offers a friendly, active, and,

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<sup>20</sup> Owusu, Robert Yaw. "African traditional religion in the context of world religions: Challenges to scholars and students." In *The Palgrave handbook of African traditional religion*, pp. 577-588. Cham: Springer International Publishing, 2022.

<sup>21</sup> Yandell, Keith E. *Philosophy of religion: A contemporary introduction*. Routledge, 2016.

<sup>22</sup> Davie, Grace, Linda Woodhead, and Rebecca Catto. "Secularism and secularization." In *Religions in the modern world*, pp. 551-570. Routledge, 2016.

<sup>23</sup> Hubbard, Timothy L. "Immanence, transcendence, and cognition." *Journal of Mind & Behavior* 44 (2023).

<sup>24</sup> Shields, George W. "Process Theology and Technology." *Theology and technology, Volume 2: Essays in Christian Exegesis and Historical Theology* (2022): 188.

<sup>25</sup> Zalta, Edward N., Uri Nodelman, Colin Allen, and R. Lanier Anderson. "Stanford encyclopedia of philosophy." (2016).



therefore, promising understanding of the divine, as it views God as argumentative rather than compelling, engaging with the world through social interaction. Indeed, as philosophers have traditionally used the aforementioned intrinsic arguments to prove God's existence, they remain axiological relevant today.<sup>26</sup>

The cosmological argument, which considers the current knowledge from the scientific disciplines of cosmology and astronomy, introduces the notion of the first cause, or an uncaused cause, as the explanation for the universe's existence.<sup>27</sup> Scientific developments in astrophysics and the Big Bang theory give new angles to engage these discourses. Others, however, offer different theories to support their views, such as the theory of the multiverse or quantum fluctuations, thereby dismissing other theories of causality.<sup>28</sup>

This argument resembles a teleological one, positing the existence of purpose, goal, and design in the universe and their relevance to modern science.<sup>29</sup> These reasons evoke the theorizations of the actual science of evolution, which aims to provide a natural history account of creating a large body of organisms, their remarkable features, and adaptations, all through applying natural selection instead of divine purpose.<sup>30</sup> These new scientific discoveries mean a new set of challenges to accommodate the teleological arguments. One example is the ontological argument, which attempts to reason from the idea that a perfect being must exist, an entity in which all superlatives rest.<sup>31</sup> The ontological argument, developed by Anselm, faced opposition from Kant, who argued that the argument hinged on crucial shifts from potentiality to actualization.<sup>32</sup> It remains an exciting topic for contemporary philosophers, who offer suggestions on its application to current metaphysics and epistemology.

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<sup>26</sup> Junguo, Z. H. A. N. G. "A Critical Examination of Anselm's Ontological Argument." *Frontiers of Philosophy in China* 12, no. 1 (2017): 137-150.

<sup>27</sup> Holder, Rodney D. *God, the multiverse, and everything: Modern cosmology and the argument from design*. Routledge, 2017.

<sup>28</sup> Chopra, Yakshup, Nagpurnanand P., and Prasanna L. T. "Bank accounts for the unbanked: Evidence from a Big Bang experiment." *Robert H. Smith School Research Paper No. RHS 2919091* (2017).

<sup>29</sup> Lascano, Marcy P. "Arguments for the existence of God." In *The Routledge companion to seventeenth century philosophy*, pp. 505-535. Routledge, 2017.

<sup>30</sup> Reznick, David. "Hard and soft selection revisited: How evolution by natural selection works in the real world." *Journal of Heredity* 107, no. 1 (2016): 3-14.

<sup>31</sup> Orilia, Francesco, and Chris Swoyer. "Properties." *Stanford encyclopedia of philosophy* (2016): 1-43.

<sup>32</sup> Proops, Ian. "Kant on the ontological argument." *Noûs* 49, no. 1 (2015): 1-27.





Socio-cultural changes, characterized by the decline of religion and the advent of scientific enlightenment, have fostered atheistic viewpoints in current philosophy.<sup>33</sup> This call for reason, science, and evidence-based findings knocks on the door of theology, which is rooted firmly in faith, mystery, and revelation. Modern practices, including cosmological research, evolutionary theory, and neural studies, have presented alternative views on manifestations once considered divine intercessions.<sup>34</sup> As such, agnostics are individuals who, while acknowledging the limitations of human understanding, believe in the existence of God.<sup>35</sup> It indicates that if God exists, He is beyond anyone's comprehension; therefore, one cannot even confirm whether there is a God. This cognitive modesty is symptomatic of a philosophical tendency in the present age to acknowledge that the notion of the divine cannot be easily defined.<sup>36</sup>

In contemporary philosophy, apologetic speculations about God imply a complex interaction between traditional apologetic argumentation and modernistic criticism.<sup>37</sup> These conversations walk through the tension between the near-absorption and the otherness of God, utilize process theology, and emerge from it in response to issues raised by scientific advances. Indeed, the subject has been studied throughout the history of philosophical thought, and people are still talking about the nature of existence and the divine to this day. This shows the shift from faith and reason to scientific perspectives in pursuing a philosophical quest to understand existence.

### **Sociocultural Influences**

The socio-cultural context of the present world is characterized by a particular trend in secularization and the changes that occur in the levels of enlightenment. These changes affect the existing attitudes towards God to a considerable extent. The disintegration of omnipotent control in nearly every sphere of existence evidences this shift.<sup>38</sup> Old-guard sources, which

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<sup>33</sup> LeDrew, Stephen. *The evolution of atheism: The politics of a modern movement*. Oxford University Press, 2015.

<sup>34</sup> Ferngren, Gary B. "Science and religion." In *The Routledge history of American science*, pp. 200-214. Routledge, 2022.

<sup>35</sup> Lightman, Bernard. *The origins of agnosticism: Victorian unbelief and the limits of knowledge*. JHU Press, 2019.

<sup>36</sup> Long, Katelyn NG, Ying Chen, Matthew Potts, Jeffrey Hanson, and Tyler J. VanderWeele. "Spiritually motivated self-forgiveness and divine forgiveness, and subsequent health and well-being among middle-aged female nurses: An outcome-wide longitudinal approach." *Frontiers in Psychology* 11 (2020): 1337.

<sup>37</sup> DeWeese, Garrett J. *God and the Nature of Time*. Routledge, 2017.

<sup>38</sup> Bulman, William J., and Robert G. Ingram, eds. *God in the enlightenment*. Oxford University Press, 2016.





used to control norms of ethical behavior, practices of acceptable behavior, and policy-related areas, are currently transitioning, opening up space for new powers.<sup>39</sup> Such a change indicates an evolution toward a more diverse and tolerant social model in which motivation concerning spiritual issues becomes more individual than communal.

This secularization means the weakening of traditional religious values, and the changing place and role of religion in society does not necessarily mean that people have thrown away religion and morality with it.<sup>40</sup> It speaks more to a lived understanding of how and why religion, in particular, can matter to and for people and cultures in contemporary global contexts. In this context, individuals have the opportunity to embrace spirituality more deeply, and the old-time clichés that many religious leaders once set no longer limit this. This ideological age grants believers the liberty to discursively negotiate faith on their terms without a predetermined script, compared to the previous technocultural age.<sup>41</sup> This shift appears to mirror a broader trend of privatizing belief and turning religious concerns inward, potentially representing a new chapter in the ongoing religious-social drama.

Suddenly, a trend can be observed concerning the decline of religion—a feature of secular enlightenment that appears even subtler than the preceding colonial culture. This is a departure from religious institutions and people's reliance on themselves to make sense of the world, assign value to its existence, and view it as web-like.<sup>42</sup> This, of course, is an essential part of the pagan worldview, as it encompasses everything that has its roots in nature, regardless of its relation to a specific religion or dogma, whether the central authorities of a particular organization support it.

Therefore, fundamental beliefs, self-reflection, and nature and ceremonial concepts provide people with a foundation for formulating their purpose and relationships within the framework of faith, free from rigid dogmas or imposed standards.<sup>43</sup> However, this deviation from conventional religious set-down knowledge does not mean a lack of spirituality; on the

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<sup>39</sup> Nicolaides, Angelo. "Contemplating Christian ethics and spirituality for sound leadership in organisations." *Pharos Journal of Theology* 101 (2020).

<sup>40</sup> Ertit, Volkan. "Secularization: The decline of the supernatural realm." *Religions* 9, no. 4 (2018): 92.

<sup>41</sup> Kellner, Douglas. *Media culture: Cultural studies, identity, and politics in the contemporary moment*. Routledge, 2020.

<sup>42</sup> Christoffersen, Lisbet, Margit Warburg, and Hans Raun Iversen. *Religion in the 21st century: Challenges and transformations*. Routledge, 2016.

<sup>43</sup> McBride, D. C., Karl G. B., Peter N. L., Alina M. B., David J. T., and Galina S. "Health beliefs, behavior, spiritual growth, and salvation in a global population of Seventh-Day Adventists." *Review of Religious Research* 63, no. 4 (2021): 535-557.



contrary, it is a move towards respecting individuality and human nature's free spiritual inclination.<sup>44</sup> This development frees people from the prescriptions of organized religion, allowing them to contemplate some of the most profound questions of existence through various activities like meditations, reflections, and natural environment-linked inclinations. One of the most significant trends in today's socio-cultural processes is the considerable influence of scientific and technological advancements on the evolution of belief systems.<sup>45</sup> Rapid development in these fields has opened up a new perspective on traditional religious preaching and stories. Science beyond faith and religion erodes traditional reverence for creation; for instance, evolutionary theory and astronomical findings dispute geocentrism.<sup>46</sup> Some religious beliefs were once quite harmonious with scientific advancement, and others demanded from followers a reorientation of understanding in light of discoveries.

The impact of technology extends beyond the ability to question religious doctrines; it also opens new avenues in the search for a way to comprehend spirituality and assert beliefs. This also includes working within an ever-shifting technological environment, where such repatriations must understand that religious practices do not operate in a vacuum immune to such transformations. For example, using multimedia in worship or applications to pass messages to followers indicates a willingness to use modern gadgets to form genuine bonds.<sup>47</sup> In this respect, the Internet becomes a form of democratization because it opens access to information that could destabilize existing religious norms. Social media provides a platform for exchanging and expressing diverse religious beliefs, fostering an online community, and transcending national boundaries. The Internet helps to reshape spirituality by providing a global, fluid space of encounter for the sharing of ideas and reflection on diverse belief systems.<sup>48</sup> The interconnection between science and religion is a concept that positively reflects the confrontation of faith and science in areas where religion is not sidelined but

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<sup>44</sup> Bidwell, Duane R. *When one religion isn't enough: The lives of spiritually fluid people*. Beacon Press, 2018.

<sup>45</sup> Waters, Brent. *From human to posthuman: Christian theology and technology in a postmodern world*. Routledge, 2016.

<sup>46</sup> Busia, Kofi Abrefa. *Africa in search of democracy*. Routledge, 2023.

<sup>47</sup> Zaid, Bouziane, Jana F., Don D. S., Abdelmalek K., and Mohammed I. "Digital Islam and Muslim millennials: How social media influencers reimagine religious authority and Islamic practices." *Religions* 13, no. 4 (2022): 335.

<sup>48</sup> Frantz, Erica, Andrea Kendall-Taylor, and Joseph Wright. "Digital repression in autocracies." *Varieties of Democracy Institute Users Working Paper* (27) (2020): 1-22.



compelled to compete in the modern world.<sup>49</sup> Adopting technological artifacts indicates an openness to changing religious practices and thereby opens a dialogue between religion and new technologies as determining factors like contemporary socio-cultural processes at work.

In the modern age of computers and the Internet, people can have religious experiences without traveling to occult sacred sites. New media technology enables religious activities, networking with other like-minded organizations, and sharing religious stories and messages from anywhere in the world.<sup>50</sup> Religious experiences, from watching religious services on the Internet to online discussion of religious issues or adopting the virtual equivalent of an organized religious trip, inevitably transcend the physical barriers that have always been characteristic of religious activities. Some benefits of virtual religious experiences include: The stated reasons embrace the convenience and availability of religious services, which are not bound by geographical location.<sup>51</sup> However, they also raise a serious concern about the validity of religious experiences in contemporary environments.

Is it possible for tech-savvy religious linkage to mimic the influence of a typical community with most religious activities? These concerns shed light on virtual religious experience and dialectically intertwine the current paradigm's progress and permanence. Virtual platforms enable individuals to participate in religious services through technology, prompting them to contemplate the quality of connection and genuine emotions they could encounter in such an environment. The contrasts between the faithful's physical and palpable worship and virtual representations initiate a meaningful discourse about the ongoing changes in spiritual power due to rising technology. These discussions are relevant in capturing how technological developments have affected religious experiences, emphasizing the global sphere.

### **Psychological Dimensions**

The psychology of religious ideas and motives, the impact of cognitive processes, psycho-evolutionary backgrounds, and coping strategies all shape current concepts of the divine across a complex network of psychological standards. Psychological rules and regulations,

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<sup>49</sup> Taber, Keith S. "The relationship between science and religion: A contentious and complex issue facing science education." *Science Education: A Global Perspective* (2017): 45-69.

<sup>50</sup> Jhally, Sut. "Advertising as religion: The dialectic of technology and magic." In *Cultural politics in contemporary America*, pp. 217-229. Routledge, 2022.

<sup>51</sup> Miller, Daniel, and Don Slater. *The Internet: An ethnographic approach*. Routledge, 2020.



rooted in the principles of evolution, may aid in understanding and explaining some of the annotated branches of belief systems. For instance, the Hyperactive Agency Detection Device (HADD) illustrates an innate human tendency that raises the question of agency in the surrounding environment, thereby fueling the notion of a higher power in human concepts and potentially influencing the primary role of natural phenomena.<sup>52</sup> The psychological analysis also considers existential approaches, including prejudice and psychological strategies or biases that construct a religion. For example, the availability heuristic causes people to use existing knowledge or experiments, familiar stories, or shocking events to judge the deity.<sup>53</sup> This inclination to seek simple explanations, consistent with the availability heuristic, further strengthens and consolidates these belief bridges. Thus, historical and cultural anthropology helped to understand the reasons for believing in supernatural powers based on evolutionary psychology. Religious beliefs of early societies enhanced individuals' interactions within society because they acted as a rallying point for group identity and purpose.<sup>54</sup>

In today's society, such innate psychological factors relating to religious inclinations still play a role in individuals' and various communities' perceptions of God. People's cognitive processes shape their religious beliefs, forming descriptive truths ingrained in their long-lasting mental schemas, defining the purpose of life, and providing comfort.<sup>55</sup> The interplay between intelligent activities and inherited traits demands understanding how the phenomenon of the divine manifests in people's everyday lives. It forms a deeply layered web, which compels an individual to analyze how the phenomenon of the divine manifests in the present day.

Neurotheology can study the neurological basis of religious experience, addressing the psychological factors of "perceiving the divine." Despite the evidence, neuroimaging data suggests that certain brain areas underlie religious experiences, and neurochemicals appear to

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<sup>52</sup> Maij, David L., Hein T. S., and Michiel E.. "The boundary conditions of the hypersensitive agency detection device: An empirical investigation of agency detection in threatening situations." *Religion, Brain & Behavior* 9, no. 1 (2019): 23-51.

<sup>53</sup> Kurtulan, Merve H. and Özlem K. "Examination of the relationship among death anxiety, spirituality, religious orientation and existential anxiety." *Spiritual Psychology and Counseling* 1, no. 2 (2016): 176-217.

<sup>54</sup> Jobson, Ryan Cecil. "The case for letting anthropology burn: Sociocultural anthropology in 2019." *American Anthropologist* 122, no. 2 (2020): 259-271.

<sup>55</sup> Harris, Andrea. "Preaching morality: Sex, the Church and the second World War." In *God and War*, pp. 81-98. Routledge, 2016.



contribute to the commonly reported spiritual highs.<sup>56</sup> Psychology supports this by showing how, during religious practice, subjects perceive and create meaning through emotional and non-cognitive interpretations. Cognitive personality and other self-aware factors further modulate mystical and transcendental experiences. People's encounters with the divine begin with their cultural backgrounds, personalities, and previous beliefs, which shape their perception of the divine. Psychological factors in religious experience demonstrate how cognition, affect, and neural processing all play a role in determining the basic orientations of divine realities.

As for coping, faith in God again proves to be a vital source of strength to face adversity. Although these claims may seem obscure, the psychological aspect of religion is linked to emotional stability, support, and even focus in life. Participation in a community that identifies a deity as well-wishing and loving primarily fosters a feeling of safety akin to a child's sense of security.<sup>57</sup> These versatile cognitive mindsets assist in reducing the effects of stressors and improving psychological health and resilience. Furthermore, a religious perspective identifies various practices to master stress or reduce its impact. People can turn to faith, while others find comfort in religion, as a sense of belonging and support is essential to society.<sup>58</sup> The shared knowledge that endorses religious beliefs promotes covenant, ensuring a firm foundation during hardship.

Spiritual inquiries such as those concerning death elicit profound psychological reactions inextricably linked to faith in God. Terror Management Theory posits that the awareness of death prompts individuals to seek death through socially constructed activities like spirituality and religion, providing them with a chance to leave a lasting legacy.<sup>59</sup> The concept of life after death, which enables one to look forward to continuing existence and something worthwhile to live for, helps fill the void by overcoming the feelings of the dreaded end of life. Existential threats are a form of psychological trauma, and coping

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<sup>56</sup> Jones, Richard H. *Philosophy of mysticism: Raids on the ineffable*. Suny Press, 2016.

<sup>57</sup> Almaraz, David, Jesús S., Florentino M., Martín, Iván S. I., Antonio J. M., Tamara L. G., and David H. R. "Religiosity, emotions and health: The role of trust/ mistrust in God and in people affected by cancer." In *Healthcare*, vol. 10, no. 6, p. 1138. MDPI, 2022.

<sup>58</sup> Ransome, Yusuf. "Religion, spirituality, and health: New considerations for epidemiology." *American Journal of Epidemiology* 189, no. 8 (2020): 755-758.

<sup>59</sup> Pyszczynski, Tom, Sheldon S., and Jeff G. "Thirty years of terror management theory: From Genesis to Revelation." In *Advances in Experimental Social Psychology*, vol. 52, pp. 1-70. Academic Press, 2015.



strategies are the creation of a psychological or spiritual meaning for existence.<sup>60</sup> Human beings are generally purposeful beings, and the belief that they have a goal to accomplish and that divine providence assists in achieving it satisfies a significant aspect of an individual's life. The impact of searching for meaning in suffering is genuine—being able to bounce back, feeling better, and having less of a tendency to be plagued by the fear of the meaning of life even when one is not suffering.<sup>61</sup>

## Conclusion

Selected viewpoints on God, gathered from today's philosophy, encompass various notions that consider socio-cultural, philosophical, and psychological aspects of human life, responding to the changing nature of spiritual search. The power of traditional religious organization and authority is eroding, and people are turning towards secular spirituality, which blurs the lines and provokes the redefinition of ways of religious self-organization, primarily through the Internet and digital platforms. This shift demonstrates that the setting must undergo an activist cultural change to reflect the current era instead of a more cut-and-dry rental complex. The ongoing reconsideration of such notions of monotheism and theological veneration of God's attributes indicates a new readiness for change. This brings us to the discussion of immanence and transcendence, process theology, and existential aspects of belief—all these present new and more complex approaches to life and the world. The effects of secularization and technological advancement on religious beliefs add a new dimension to the definitions of spirituality, leaving scholars and researchers wondering about the new paradigms.<sup>62</sup> From a denominational perspective, the intricate interplay between cognitive blueprints and coping strategies sheds light on how afflicted individuals perceive faith in God as a fundamental source of comfort and resilience during life's challenges. Hence, the psychological facets include the nurturing of faith, which plays a crucial role in meeting the emotional needs of the people, promoting community interaction to foster togetherness and procreation, and providing a sense of purpose and eternity.

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<sup>60</sup> De Clercq Eva, Michael R., Nadia P., Bernice S. E., and Tenzin W. "Aligning guidelines and medical practice: Literature review on pediatric palliative care guidelines." *Palliative & Supportive Care* 15, no. 4 (2017): 474-489.

<sup>61</sup> Kanu, I. Anthony. "Igwebuiké as a wholistic response to the problem of evil and human suffering." *Igwebuiké: African Journal of Arts and Humanities* 3, no. 2 (2017).

<sup>62</sup> Fox, Jonathan. *An introduction to religion and politics: Theory and practice*. Routledge, 2018.



The opportunity for future research on theological concepts is wide open. Exploring the religious and philosophical representations of the divine within diverse settings and exploring the relationship between belief and societal and cultural realities could enrich our knowledge of postmodern religious stances. Additionally, a deeper exploration of faith psychology in multi-sited communities and the role of spiritual experiences in fostering resilience can provide valuable insights into the human mind and its relationship with spirituality. This integrative review outreach calls for multiprofessional endeavors beyond the proposed study for researchers of different disciplines. This exchange of different views records present-day input about the presence of God and the processes through which the discussions will continue to evolve as they define future theology. However, as the world becomes even more complicated, exploring these perspectives is still a critical and ongoing process that will reveal more aspects of beliefs that make up our spiritual perceptions.

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